

USAID Country Program Brief, October 1998

Family Planning and Health Activities in

Kenya

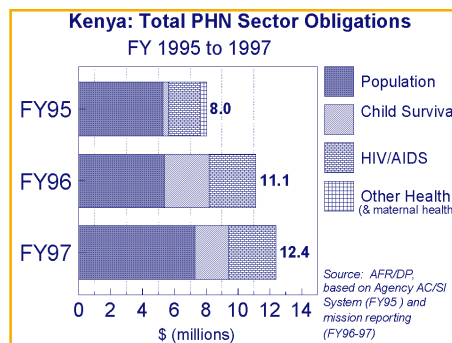


Population:	28.4 million (UN estimate for 1997)
Infant mortality rate:	62 deaths per 1,000 births (1993 DHS)
Adequate nutrition (wt.-for-age):	68% of children ages 12–23 months (1993 DHS)
Total fertility rate:	5.4 children per woman (1993 DHS)
Contraceptive prevalence rate:	20.7% (all women/modern methods, 1993 DHS)
Demographic and Health Surveys:	1989, 1993, 1998
Multi-indicator cluster survey:	1995/96 (UNICEF)

The Kenya mission is operating under a five-year country strategic plan (1996–2000) with the goal of sustained and broad-based economic growth. Toward this end, USAID is a leading donor in the family planning and health sector in Kenya. Agencywide funding trends for family planning and health activities for 1995–97 are summarized in the figure to the right. USAID/Kenya's results framework includes one strategic objective and three intermediate results (IRs) in family planning and health.

Strategic Objective 3: Reduce fertility and the risk of human immunodeficiency virus and acquired immune deficiency syndrome (HIV/AIDS) transmission through sustainable, integrated family planning and health services.

- IR 1: Non-USAID financial resources for family planning, HIV/AIDS, and child survival increase.
- IR 2: Capacity of public and private health institutions to finance, plan, and manage resources increases.
- IR 3: Customer use of integrated family planning, HIV/AIDS, and child survival services increases.



Activities in Family Planning and Health

National Service Delivery Support. The mission supports integrated reproductive health services, including development of policy models; information, education, and communication (IEC) campaigns; decentralized in-service training and curricula; and quality assurance and supervision. The mission has coordinated with other donors and leveraged additional support for commodity logistics training and social marketing of contraceptives. New directions for USAID/Kenya focus on adolescent reproductive health and postabortion care.

Private Sector Service Delivery. USAID/Kenya provides training and technical support for private sector service delivery through a variety of for-profit and nonprofit organizations, including workplaces and hospitals. The Family Planning Association of Kenya, Christian Health Association of Kenya, Chogoria Hospital, Kenyan Women's Organization, and the Church of the Province of Kenya, among other NGOs, provide fully integrated family planning and HIV/AIDS and sexually transmitted infection (STI) services at community clinics. USAID/Kenya promotes community-based distribution of contraceptives; supports condom social marketing in kiosks, pharmacies, and shops; and will begin social marketing of hormonal contraceptives in 1998.

Prevention and Control of HIV/AIDS/STIs. USAID/Kenya's new, integrated, five-year program builds on successful approaches to date, particularly condom social marketing, policy development and dialogue with political and religious leaders and employers, and strengthening NGO networks to combat HIV/AIDS. Condoms are marketed nationwide along with educational media campaigns. The mission also provides support to improve diagnosis, treatment, and prevention of STIs; and fosters local capacity to forecast, analyze, and use information on the impact of AIDS.

Child Survival. USAID/Kenya is promoting child survival through general support for sector reform and integrated service delivery; establishment of a vaccine independence initiative to help reduce reliance on donors for the purchase of vaccines; leveraging resources from other donors, particularly for malaria control; and assistance to polio eradication and vitamin A distribution campaigns. The mission also has child survival activities in two provinces in western Kenya: Malaria prevention and treatment, case management of the sick child, and programming by district health management teams and boards in

Bungoma District; and in Nyanza Province, studies of malaria in pregnancy and the efficacy of insecticide-impregnated bednets.

Health Care Financing and Sustainability. The mission supports national health reforms to strengthen the cost-sharing program, promote social insurance and risk-sharing schemes, and decentralize management of manpower and revenues below the district level. USAID assistance has led to increases in overall spending for primary and preventive health services. The mission also supports efforts to make NGO services more sustainable through cost studies, market analyses, and strategic planning.

Leadership in Research and Best Practices. The mission's successful programs and support for research in health and population have enabled it to become a regional resource and center of excellence in a number of areas. Current research examines the benefits of the female condom, HIV counseling and testing, and insecticide-impregnated bednets; mother-to-child transmission of HIV in pregnancy; and the Preparation for AIDS Vaccine Evaluation (PAVE). Family planning logistics, health care financing, and community-based distribution programs serve as models for other countries in the region. Participation in South/South activities have led to a leading role in the East Africa Reproductive Health Network. Collaboration with USAID's Regional Economic Development Office for Eastern and Southern Africa is expected to help identify and coordinate bilateral activities with potential as demonstration projects for other countries, particularly those in the Greater Horn of Africa Initiative.

Global Bureau and USAID/Kenya Joint Programming Activities

Access to Family Planning Through Women Managers improves access to quality family planning and reproductive health services.

AIDS Control and Prevention Project provides technical, research, and policy leadership in efforts against HIV/AIDS.

AVSC International expands and improves services offering long-term contraceptive methods.

Basic Support for Institutionalizing Child Survival strengthens prevention and management of fever in children and pregnant women in Bungoma.

Centers for Disease Control and Prevention conducts epidemiologic activities in malaria prevention and AIDS.

Environmental Health Project strengthens malaria prevention and management in Bungoma District.

Family Planning Logistics Management increases government capacity to supply contraceptives.

John Hopkins Program for International Education in Reproductive Health trains health providers in clinical family planning methods.

Johns Hopkins University/Population Communication Services supports delivery of family planning and reproductive health information.

Pathfinder International helps NGOs strengthen community- and facility-based family planning.

POLICY Project works toward a supportive policy environment for family planning and reproductive health programs.

The Population Council conducts research on family planning and reproductive health, and undertakes evaluation and training activities.

Bureau for Humanitarian Response, Office of Private & Voluntary Cooperation Child Survival Grantees as of 1998

CARE is implementing a four-year program (1995–1999) in Siaya District focusing on acute respiratory infections, malaria, HIV/AIDS, family planning, immunizations, and diarrheal disease control.

Minnesota International Health Volunteers is concluding a four-year program on the outskirts of Nairobi focusing on family planning, HIV/AIDS, immunization, diarrheal diseases, and nutrition.



This USAID Country Program Brief was prepared for the Human Resources Division, Office of Sustainable Development, USAID Africa Bureau (AFR/SD/HRD), by the Center for International Health Information (CIHI). Questions and comments can be directed to CIHI (info@cihi.com).